



Curiosity

Everyone is open to learning new things about themselves, all that surrounds them and how the two fit together.



Health

Everyone has the skills and tools to maintain a healthy balance of their mental, physical and emotional wellbeing.



Confidence

Everyone believes in themselves, stands up for what is right and has the confidence to reflect and learn from their actions.



Resilience

Everyone keeps trying to better themselves, even when things are difficult or when we make mistakes.



Empathy

Everyone is kind, caring and considerate of the feelings of one another.



Respect

Everyone treats our environment with respect and appreciates the cultures, beliefs and views of one another.

JESSICA WON THE 'PLAYER OF THE MATCH' AWARD!



*"I won this
award
because I am
the best
player."*

*"Thanks to my
teammates
for helping
me!"*



WHAT DO YOU THINK SHE SHOULD SAY?

HUMILITY

Being 'humble': Behaving in a way that shows others are as important as you are.



IS THIS HUMBLE?



~~“I have much nicer things than my friends.”~~

“I am very lucky to have all of these nice things. I will look after them!”

IS THIS HUMBLE?



~~“I am the best
at drawing in
my whole
class!”~~

*“I enjoy drawing
and like my
pictures, but still
want to get better!”*

WHAT HAPPENED IN THIS STORY?



What does it teach us? How does it relate to being humble?

ROLE-PLAY TIME!

We need two volunteers!

You are going to be given some different scenarios. First, you should show us what the proud, arrogant response looks like, and then the humble response!



SCENARIO 1

Volunteer 1: You have just beaten Volunteer 2 in a football match. It was a close game, in which both of you played well. Volunteer 2 was winning at half time, but Volunteer 1 just crept ahead in the last few minutes. You are now talking after the match.



Volunteer 1: What would be a proud, arrogant response?

What would be a humble response?

SCENARIO 2

Volunteer 2: To everyone's surprise, it has been discovered that you are the rightful heir to the throne. You are now the new King/ Queen. You have lots of houses, money, and power. You see Volunteer 1 (who is from a poor family) who asks you about your new life.

Volunteer 2: What would be a proud, arrogant response?

What would be a humble response?



SCENARIO 3

Volunteer 1: You are sat next to your friend in class. You are looking at the teacher's comments in your book. Your teacher has written that your handwriting is excellent. In your friend's book, the teacher has written that they need to do some more handwriting practice.

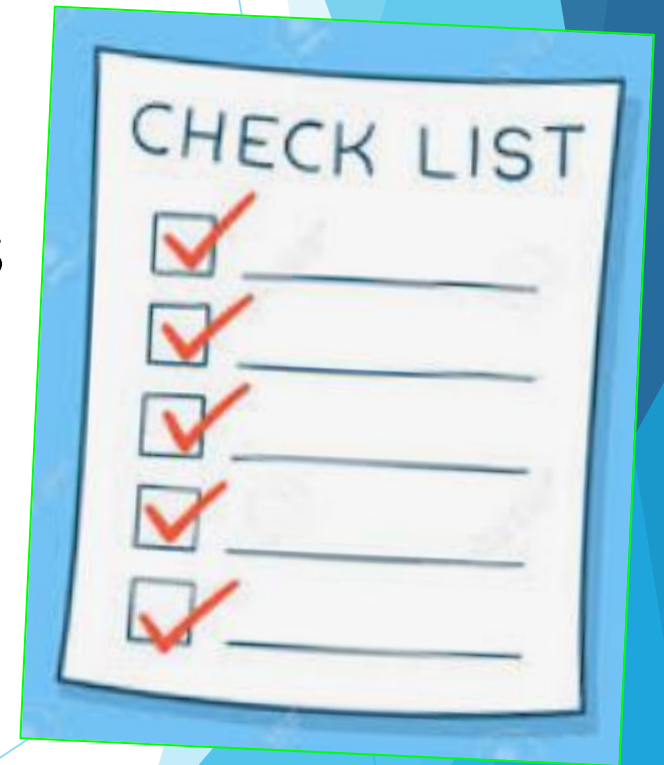


Volunteer 1: What would be a proud, arrogant response?

What would be a humble response?

TOP TIPS FOR BEING HUMBLE!

1. Always try to be better – don't ever think you are the best at something;
2. Be grateful for what you have;
3. Thank other people who help you to achieve!
4. Don't be afraid to make mistakes – learn from them;
5. Appreciate the talents of others!
6. Be gracious in both victory and defeat – don't brag!
7. Treat others equally – never talk down to people;
8. Thank other people who are humble;



Reflection – which ones do you need to work on?

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